**Nail Reconstruction Information**

This leaflet aims to answer your questions about Pedisafe nail reconstruction and ingrowing toenail bracing. If you have any further questions, please speak to the podiatrist caring for you.

Who is it suitable for?

**Nail reconstruction** is used for where there is a missing or damaged nail from injury, surgery, or fungal infection

Why should I have nail reconstruction with a Podiatrist?

We use a medical model compared to the nail industry which means:

* We use an aseptic technique this means there is no dipping or re-dipping into products, we decant from a bottle and use disposable tools with gloves
* There is no risk of cross contamination

Who are the treatments NOT suitable for?

* Intense sporting activities such as running, it is designed for special occasions only
* Anyone with neuropathy (no sensation in your feet) due to the risk of burning under the UV lamp
* Not suitable where there is a wound, ulcer, broken skin, or fungal infection (these conditions must all be treated first)
* Skin cancer – due to the UV lamp
* Those who extensively use a sauna, swim, or hot tub

Do’s and don’ts prior to treatment

• DO send us a photo with your enquiry or booking to check your eligibility for treatment

* DO wear UV protection of 50+ on your feet prior to your treatment
* DO book a routine treatment or new patient assessment first if you have a wound, ulcer or fungal nail
* DON’T BATHE, SWIM, SHOWER OR HOT TUB FROM 10PM THE NIGHT BEFORE YOUR APPOINTMENT
* DON’T BATHE, SWIM, SHOWER OR HOT TUB after your treatment until the following day